

Calendar of Events

BIODYNAMIC MEDICINE

FREE OPEN EVENINGS

BRISTOL - Tuesday 18th June

Monday 9th September

LONDON - Thursday 20th June

Friday 12th July & Friday 13th September

LEWES - Wednesday 26th

June & Wednesday 11th September

ONE DAY WORKSHOP

LONDON - A Place to Heal, W11 4UA

Saturday 22nd June, Saturday 13th July
& Saturday 14th September

Fee: £120

INTERNATIONAL SUMMER SCHOOL

KILLALA - IRELAND

Wednesday 17th July - Sunday 21st July

Fee: £595

TRAINING COMMENCES

London - A Place to Heal W11 4UA

Friday 27th - Sunday 29th September

Booking is required for all events

via biodynamic.org

corinna.kitchen@btinternet.com

07974 355 775

Finding Your Flow

BIODYNAMIC MEDICINE

International Summer School

Killala, County Mayo, Ireland

17th - 21st July 2019

In this experiential group we look at what supports us to be in our flow and the biodynamic understanding of how we can move towards greater wellbeing, creativity and a joyful life.

- *Make changes you have been longing to make*
 - *Learn how to see things through*
- *Gain insight into what really makes you happy*
 - *Understand and bring relief from pain*
 - *Reduce inflammation*
 - *Feel peace in your body and mind*
 - *Reset and reconnect to yourself*
 - *Create the life you want*

Booking is required

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INSTITUTE OF
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